



Mentorship Program Guidelines for Mentees

Welcome Mentee, (Yes, it is a funny sounding word, but it is reallook it up!)

You are to be commended for your decision to improve yourself, to increase your capability and to further your career. Your participation should have a positive impact on you for years to come. We hope these few guidelines will make for a fruitful mentorship experience for you.

The full details for an effective mentorship relationship can be found by clicking on the “Membership Manual” on the AAPRA website, <http://www.aapra.org/mentorship-program>

Here are a few guidelines to get you off to a good start:

- Complete the short and simple, on-line application:
- <https://www.surveymonkey.com/r/LHGKG5R> You will be matched with a Mentor and notified with contact information and background. The Mentor will get the similar information on you.
- **You are expected to initiate the first contact.**
- The program is to be conducted during a six-month window, beginning in July.
- Commit to talking once a month with your Mentor.
- Keep the sessions reasonably short – 30-45 minutes at most.
- To make sure you visit monthly, pick a certain day or date and time each month for your visit (e.g. “third Monday, every month, 11AM)
- If and when possible, meet your Mentor in-person at least TWICE during the six-month window. If it is not possible to meet in person, plan to use Skype, Facetime or a similar video system.
- If you can, try to attend the NRPA Conference to meet your Mentor there.
- Your primary role is be prepared to tell your Mentor what’s important to you; what you’d like to learn about; to be ready with questions, problems, issues, etc. that the Mentor may be able to address. Don’t expect the Mentor to read your mind!

This program is a collaborative effort of the American Academy for Park and Recreation Administration, and the National Recreation and Parks Association Young Professionals and Leadership Development Networks.